



Windy Hill Sports Complex
Women Only Beginner Golf Clinic Curriculum
Call 804-794-0010 to Register

5 HOURS OF PROFESSIONAL INSTRUCTION

For Just \$125!!

Course Goals and objectives: To introduce students to the game and expose them to all facets of golf including:

Putting

Chipping

Iron play

Driver/Fairway woods/Hybrids

Playing on the course

Rules and etiquette

Students will receive **written weekly follow up** on all information discussed in each hour long session. **No Equipment? No Experience? No problem!** We will provide everything you'll need at no additional cost! If you've always wanted to learn but weren't comfortable as a novice, **THIS IS THE CLASS FOR YOU!!!!!! WE LOVE BEGINNERS!!!!!!**
Bring a friend and sign up today!!!!

Week # 1 Chipping & Pitching

Putting Basics & **Fundamentals**

Grip

Stance

Posture

Ball Position

Distance Control

Club Selection

Week #2 Fundamentals of the Swing

“Mini” Swing Irons/Full Swing **Fundamentals**

Grip

Stance

Shoulders

Weight Transfer

Spine Angle

Rotation

Week # 3 Fairway Woods/Hybrids

Fundamentals

Stance

Ball Position

Shoulder Turn

Posture

Follow Through

Week #4 Putting/Driver

Putting **Fundamentals**

Stance

Grip

Stroke

Distance Control

Driver **Fundamentals**

Stance

Grip

Posture

The “Turn”

Creating Clubhead Speed

We put it all together here in Week #5 when we go out on our regulation course and play!!

WEEK# 5 On Course Play

Checking in at the course

Par 3's, 4's and 5's

The tee box

Fairway and Rough

Proper use of the Cart

Who's "Away"?

Etiquette on the green

Different colored stakes

Basic Rules of Play

Keeping Score

“You made **it so uncomplicated!** I never really wanted to play because I thought I couldn't do it. Now I wish I had taken this class years ago!

Lori R.

“I really had fun, made a new friend and now we can **go play golf together”**

Ann. L

“My husband was really surprised at how **I can hit the ball** after taking your class. I'm sure he'll sign up for one of your classes now”

Peggy S.

“I know it takes a lot of practice to be good at golf, but at least now I feel I can go to the course and **play and enjoy myself.** Thank you so much!

Gail F.

Come join the Fun! Call 804-794-0010 today!